

# NEWSLETTER

Le Sueur County Family Services Collaborative

February 2024

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- WEBSITE UPDATE
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PROGRESS UPDATE

### Partnership Expansion

Joint Powers Board approved the addition of two mental health organizations to join the collaborative.

New Board Members are:

Jonathan Beulke, Chief Financial Officer for Inspire Services and Angela Sticha, Executive Administrator for Duck Cup Memorial.

### Website Update

Our website has been updated to include all that the collaborative is doing. Please check it out at:  
<https://www.co.le-sueur.mn.us/648/Family-Services-Collaborative>

### 2024 Initiatives

- 1) Mental Health
- 2) School Attendance
- 3) More Resilient MN
- 4) Collaborative Organization

# More Resilient Minnesota - Progress Update

## Initiative Goal:

Improve the health and resilience of current and future generations by raising awareness about Adverse Childhood Experiences, collecting community input about children's and families' needs, and develop plans to mitigate risk factors and enhance protective factors.

## Phase 2 Objective:

Train 5 local champions who will then widely share ACEs and NEAR Science information and expand community leadership across diverse sectors and groups in our county.

## Phase 2 Status:

4 Individuals trained:

Caitlin Meyer Collaborative Coordinator  
Shanna Roloff Cleveland Schools  
Cassie Wilke Le Sueur Henderson Schools  
Emily Erwin Tri-City United Schools

## Phase 1 Objective:

Host 5 presentations on Adverse Childhood Experiences (ACES) for professionals, parents, and community groups within Le Sueur County.

## Phase 1 Status:

Waterville-Elysian-Morristown: 8/28/23  
Cleveland: 11/6/23  
Le Sueur Henderson: 11/22/23  
Tri-City United: 1/22/24  
County-Wide: TBD - Winter 2024

## Phase 3 Objective:

Conduct Community Resilience Conversations and/or 100 Cups of Coffee Interviews to engage at least 50 diverse community members to gather their input about community strengths, challenges, and possible next steps to promote greater community wellbeing.

## Phase 4 Objective:

Develop Community Resilience Plans that outline next steps for decreasing risk factors and increasing protective factors in their communities and apply for micro grants to fund Initiatives developed in that plan.



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