

WHO IS ELIGIBLE FOR THIS SERVICE?

Services are available to a child who is diagnosed with a Severe Emotional/Behavioral Disorder and his/her family. This diagnosis must be made by a mental health professional.

Children's Services Mission Statement:
"Working together to help children and their families achieve their true potential while ensuring safety, stability and well being."

After Hours Contact:

If you are experiencing a crisis situation, please call 911 and/or take your child to the nearest emergency room for evaluation.

If this is not a crisis, but you do need some help, please call Le Sueur County Dispatch at: 507.357.4440 and ask for the "On-Call" Mental Health worker.

To request Children's Mental Health Case Management services for your child, please contact us as indicated below:

Le Sueur County Human Services

88 S Park Ave.
Le Center, MN 56057

Phone: 507 357-8288
Fax: 507 357-6122

Website: www.co.le-sueur.mn.us/HumanServices

Le Sueur County Human Services

CHILDREN'S UNIT

CHILDREN'S MENTAL HEALTH CASE MANAGEMENT



TEL: (507) 357-8288



CHILDREN'S MENTAL HEALTH CASE MANAGEMENT

Case management is a service to help your child and family to obtain:

- Mental health services
- Social services
- Educational services
- Health services
- Vocational services
- Recreational services
- Legal services
- Advocacy
- Transportation
- Planning and Decision-Making
- Other needed/requested services, as appropriate

We will assist you in planning, problem-solving, making referrals and following up to see that services are appropriate and effective to help meet your child and family needs.

There is not a fee for case management unless your child would participate in an MA program called "TEFRA." If your child/family receives in-home family therapy or skills services or your child is placed out of the home there would be a parental fee based on your income and family size.

It is important to remember with Children's Mental Health that every family is very different in the needs that they have, the services that could assist them and the work the worker does with the family. No two families are ever the same, therefore the services are not be the same.



How do I get Case

Management Services?

The first step is to find out if your child is eligible for services. Once a request for services is made a case manager will be assigned.

The Case Manager:

This person will provide you with information intended to benefit your child and family as well as assistance in obtaining a Diagnostic Assessment, which is necessary to qualify your child for Children's Mental Health Services.

The Diagnostic Assessment:

This Diagnostic Assessment must be completed by a Mental Health Professional, such as a psychologist. The case manager will explain this process and can assist your in scheduling the appointment.

If my child doesn't qualify:

If your child does not qualify, he or she may still be able to receive other services. Your case manager will also provide you, upon request, information regarding the appeals processes if you believe you are not being properly served.



Family Community Support Services

Through Children's Mental Health Case Management we may find that there are some services appropriate to meet you and your child's needs. The following services are intended to help your child to function and remain in the family and in the community whenever possible and appropriate:

- Outreach
- Medication monitoring
- Independent living skills
- Parenting skills (to address the mental health needs of the child)
- Leisure and Recreational Activities
- Crisis planning
- Home-based family treatment
- Day treatment
- Respite care or special needs daycare
- Assistance in obtaining potential financial benefits.

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